

Dear Parents,

Each year, APT requests that you provide emergency supplies for your child(ren) to help prepare the school to care for them in the event of a disaster occurring during school hours. Below is an updated list of supplies you will need to provide for your child(ren) this year. *Please bring them on the first day of school.*

Parent Emergency Supplies for Students

Please provide your child(ren) with their own ziplock bag (1 gallon size) clearly LABELED with the child's name & classroom containing the following items:

- Approximately 3000 calories total of high-calorie, shelf-stable foods (no liquids)**
 - Please ensure all items are *PEANUT-FREE*
 - Choose foods your child(ren) will reliably eat and do not require heat, refrigeration, or a can opener
 - Be sure to check expiration dates to last through the entire school year
- Optional:
 - 2-day supply of any medications
 - photos and/or letter from family

***Recommendations of high-calorie foods, include:*

- *tuna/chicken salad with crackers, comes in a box as a "to-go kit" (~310 cal)*
- *energy bar, e.g. Clif or other high-calorie bar (~250 cal)*
- *cheese crackers or plain crackers, sealed to-go packs (~150+ cal)*
- *meat stick/jerky; chicken/tuna salad in foil pouch (~80+ cal)*
- *shelf-stable cheese; almonds, sealed to-go packs; dried fruit (~100 cal)*

APT Emergency Supplies

Through an APT grant in Spring 2020, some emergency supplies were purchased for each of the staff and students on campus, including: (1) foil blanket, (1) trash bag, (1) flashlight with batteries, (1) ziplock bag, (3) 16oz water bottles, (1) Datrex¹² food bar (2400 calories) and (1) toothbrush with toothpaste. *You do not need to provide these items for your child-- these are now stored on-campus.* APT intends to replenish these supplies when needed with future grant requests.

Arbor Emergency Supplies

There are additional supplies that the school maintains and replenishes, including emergency radios, water filters, and more. In addition, Arbor also maintains a site plan with instructions for shutting off gas lines, power and water, as well as an emergency phone. If you have questions about Arbor's emergency preparedness, please contact Peter ffitich.

Thank you,
APT

¹ Datrex bars are emergency rations designed for long-term storage (imagine a sweet coconut high-fiber bar).

² Datrex Ingredients: Wheat Flour, Vegetable Shortening (Palm Oil), Cane Sugar, Water, and Natural Coconut Flavoring. CONTAINS GLUTEN. For those with allergies to these ingredients, we will have a supply of a gluten-free substitute, please contact Melissa Wells for details.