



TO: Parents

FROM: APT

RE: Being Prepared at School

A former committee of APT, the Emergency Preparedness Committee was formed by APT to develop a plan to prepare the Arbor community to cope with a natural or man-made disaster occurring during school hours. The Committee has gathered many of the items needed to prepare the school for an emergency that might involve some of the students for one or two days. These items include battery-operated lights, an emergency radio, and extra batteries, blankets, and warm clothing. A site plan has been prepared with instructions for shutting off gas lines, power and water. An emergency phone line separate from the main line has been installed. Finally, a list of items to be brought by each child has been prepared.

We are asking that each child at Arbor have his/her own zip lock bag (1 gal. size) clearly LABELED with the child's name containing the following items (or similar substitutions):

- ❖ 3 plastic containers of bottled water (16 oz. each)
- ❖ 2 granola-type bars
- ❖ 2 packages of raisins
- ❖ 2 packages of cheese and breadsticks
- ❖ 2 packages of protein (peanut-free): beef jerky or pepperoni sticks or meat substitute
- ❖ 2 dried fruit rolls
- ❖ pull-top juices, fruit
- ❖ 1 large garbage bag
- ❖ 2-day supply of any medications your child regularly takes with clear labeling and direction for use
- ❖ 1 foil emergency blanket
- ❖ 1 small flashlight with batteries

Please bring these items to your child's classroom on the first day of school. Please consider the following guidelines: any additional food of the child's choice should not require cooking, heating, refrigeration, or a can opener; do not include boxed juices as they may leak; and check expiration dates and buy for the longest storage. **EVERYTHING MUST FIT INTO ONE ZIP LOCK BAG.** If you would care to include a letter to your child &/or photographs of family, please do so.

Thank you,  
APT

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